



Oasis Evenings



Time to pause, time to breathe, time to be

Hunger and hope: 15 February 2018, 7-9pm

The path to the centre: 7 June 2018, 7-9pm

These opportunities for reflection and silence will be facilitated by Mary Lean, who comes from the Christian tradition. They are open to people of all beliefs.

If you would like to come, email oxford@iofc.org or call **01865 425644**

12 Norham Road, Oxford OX2 6SF

Save the date! Quiet Day on 12 May 2018 in Oxford. Details to follow.



Oasis events offer a chance to step aside from the rush of life, and to enjoy space for inner listening and reconnection. They are open to anyone who wants to explore different ways of using silence and to deepen their spiritual life.

A typical evening will include a reflection from a facilitator and half an hour of personal space and silence. Facilitators draw on their own spiritual traditions, and welcome participants of all faiths and none.

The search for wisdom in silent reflection is a key practice of Initiatives of Change. These evenings offer an opportunity to deepen that search and to find the path which works for you, grounds you and enables you to explore the riches of silence.